

First Link[®] is your link to a community of learning, services and support

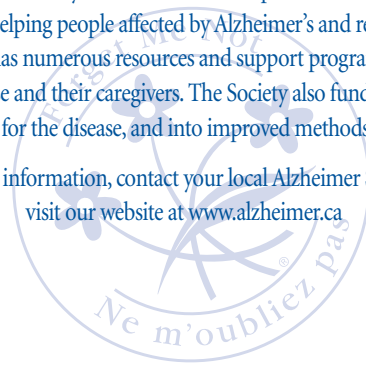
The first steps in the Alzheimer journey are similar to the steps we would take when beginning any other voyage. We need to plan early, anticipate any problems we may encounter along the way, talk to others who have already been there, learn about where we are going and how best to get there. First Link[®] can help with those first steps and support you on your journey.



The Alzheimer Society advocates for people living with Alzheimer's and related diseases across Canada. The Society believes everyone living with these diseases should have access to treatments that enhance their quality of life.

The Alzheimer Society is a national not-for-profit health organization dedicated to helping people affected by Alzheimer's and related diseases. The Society has numerous resources and support programs for people with the disease and their caregivers. The Society also funds research into finding a cure for the disease, and into improved methods of caregiving.

For more information, contact your local Alzheimer Society or visit our website at www.alzheimer.ca



Help for today. Hope for tomorrow...

CONTACT

First Link[®] Coordinator
Alzheimer Society

Funding for First Link has been provided by:



For individuals newly diagnosed
with Alzheimer's disease
or a related dementia
and their families

All photos are of models and are used for illustrative purposes only.

Alzheimer Society

If you or your family member has been diagnosed with Alzheimer's disease or a related dementia

First Link® is for you

- First Link® gets you connected early and will support you throughout your journey.
- The more you know about Alzheimer's disease or a related dementia, the better you may be able to cope with your situation.
- You will be linked to community supports and services



“Working together to link individuals and families affected by Alzheimer's disease or a related dementia to a community of learning, services and support.”

LEARNING

First Link® provides you with the opportunity to learn about every step in the Alzheimer journey.

The learning series offers information about diagnosis, day-to-day living, positive approaches to care, strategies for challenges and how to prepare for the end of life.

SERVICES

First Link® connects you to Alzheimer Society programs and services, and provides information about other community and health care services.

SUPPORT

First Link® connects you with an opportunity for individual support or support groups.